

COCA Volun-TEAL Newsletter

April 2016

A BIG Thank You to our wonderful Health Fair Volun-**TEALS** for getting up early and raising awareness of ovarian cancer during April's health fairs!

Thanks to your efforts, we reached more Colorado women than in 2015. Nearly 2,000 symptom cards were handed out and hundreds of "one-on-one" conversations with women took place.



We are so grateful for your help!

We need volunteers for just ONE MORE health fair (rescheduled from the weekend of the blizzard).

Parker Adventist Hospital - Sunday, May 1st

from 7:30 am (set up time) until 11:00 am

If you are available, contact Jeanene@Colo-OvarianCancer.org or 720-971-9436.

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Jodi's Race Volunteering

Volunteers are SO important to the success of Jodi's Race! Before the race, during the race and after!

Here are some ways you can make a difference **BEFORE race day**:

• Hand out "Save The Date" bookmarks at area races and help us promote Jodi's Race! It's simple - we give you Save The Date bookmarks (that include ovarian cancer symptom information on the back!), you show up at a race on the weekend and hand the bookmarks out to participants as they cross the finish line! (Then you can take the family out to lunch!) Sign up for this fun activity by clicking HERE!



- May 13 from 1 pm to 3 pm: Ova'Sleep Mailing Assembly
- May 25 from 10 am to 2 pm: <u>Teal Egg Stuffing</u>
- June 1 from 5 pm to 8 pm: Goody Bag Assembly
- June 9 from 10 am to 3 pm: <u>Team Packet Assembly</u>
- June 10- various shifts: <u>Packet Pick Up</u>



100 Volunteers Needed!

COCA needs over 100 volunteers **ON race day** to make Jodi's Race for Awareness a success. **We can't do it without you!**

Enroll your family, friends, neighbors, co-workers, and church group to join you and help make the 2016 race the best ever!

And, yes, you can volunteer AND participate in the race!

June 11: Race Day Volunteering



Jodi's Race Photographers Needed!

Looking for Jodi's Race Ambassadors!

Jodi's Race Ambassadors will promoteJodi's Race, creating a buzz in order to increase registration, awareness and excitement around Jodi's Race and the Colorado Ovarian Cancer Alliance (COCA),the beneficiary of the race.

Jodi's Race Ambassadorswill reach out to organizations such as running clubs, running

Volunteer photographers help us capture the special essence of Jodi's Race by taking pictures in the Survivor Breakfast, gathering teams for pictures, start and finish line photos, and more!

Are you an accomplished amateur or professional photographer? Do you know someone who is?

If you or someone you know can help, please contact Jeanene@Colo-OvarianCancer.org.







stores, women'sgroups, schools, sports teams and other local businesses and organizationswhere they have a connection or feel there might be an opportunity to talkabout the race. A passion for running isa plus, but most importantly, we want you to create excitement around Jodi'sRace!

Responsibilities:

- Expand reach byvisiting various clubs and organizations to talk about Jodi's Race
- Distribute save thedate bookmarks at events, to businesses and organizations
- Hang posters atlocal businesses (coffee shops, health clubs, doctor's offices...)
- Promote Jodi's Racevia social media Facebook, Twitter, blog
- Help plan smallfundraising events where opportunities arise
- Support TeamCommittee Chairs with kick off meetings and special programs
- Promote Ova Sleepand Virtual Run with participants who cannot be at the race on June 11

In return for your efforts, youwill receive:

- Complimentary raceregistration
- Jodi's Race swag/officialrace gear
- Exclusive discounts with our partners/sponsors
- Feature on Jodi'sRace website and in newsletter
- Potential to earnadditional free registrations/merchandise based on performance
- Opportunity to buildrelationships in the health and fitness community
- Training

Interested? Contact: Jennifer Manta, Jodi's Race Director jennifer@colo-ovariancancer.org

* Please note that Jodi's Race

Ambassadorsare NOT financially compensated in any way. This is strictly and purely a volunteer role, not an employee, freelanceor contractor. We do not subsidizetravel or training expenses or issue payment of any kind to our team. The Ambassadors serve from February throughJune, 2016 although they are welcome to apply again in 2017 for the 8thAnnual Jodi's Race. Jodi's Race reservesthe right to remove any Ambassador from the team at any time in the unlikelyoccurrence of negative behavior or failure to perform duties.





Our website is being redesigned!

If you encounter any issues with linking to our website from this newsletter in the future, please visit <u>www.Colo-</u> <u>OvarianCancer.org</u> or contact Jeanene@coloovariancancer.org or 720-971-9436.

